About The Course

We all have behaviour that challenges at times! For those on the autistic spectrum the way in which they perceive the world can be puzzling and challenging to everyone. Behaviour maybe inappropriate or difficult to manage and a greater understanding of the individual and support is required.

Course tutor, Geoff Evans will explore why certain behavioural difficulties and challenging behaviour arises, how to assess the behaviour, and provide useful tips and practical strategies for supporting individuals with autism.

The course will be taught through a lively mix of presentation, scenario, case studies and discussion to ensure your learning is interesting and informative as well as challenging our own assumptions about people and their behaviour.

About Your Tutor – Geoff Evans, Head of Quality Improvement, Options Group

Geoff is an expert in the field of autism, and has built a nationally and internationally recognised reputation as a renowned speaker and specialists trainer. He has spent over 25 years, supporting children, young people and adults with autism and their families. He currently works with those on the spectrum who have behavioural, emotional and social difficulties.

Geoff is a joy to listen to and leaves you wanting to hear more. Not only does Geoff have a wealth of knowledge in autism he has the ability to translate the theory into practical strategies which professionals can use.

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Who Should Attend?

This training course should be invaluable to anyone working with children and adults with autism including: educational professionals in mainstream, special schools and local authorities, social workers and other social care staff, community workers, charity and voluntary organisations, health professionals and others with an interest are welcome to attend.

Course Information

Dates: Friday 22nd November 2013

Venue: Holiday Inn Glasgow East Kilbride, Stewartfield Way, East Kilbride, G74 5LA

Time: The course will start promptly at 9.30am and finish at 1.00pm. Registration will be from 9.00am – 9.30am.

Registration cost: £59.00 + vat including refreshments

How to Pay:

- By Cheque: Please send a cheque for the appropriate amount made payable to “Medica Cpd Ltd” and send with the form to the address below for the attention of Carolyn Fraser

- By Credit Card: Please book online at www.medicacpd.com

- By-banking: Please contact us to request a payment summary.

To Book

Online: You can book online at www.medicacpd.com

By Post: To register for this course, please complete the registration form on the leaflet, detach and return no later than Friday 8th November 2013.

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you if you have not received confirmation within two weeks of completing your booking, please contact the Medicac Cpd office on the above number or email carolyn@medicacpd.com

Reference: Success and the Support of People with Autism Spectrum Disorders

A One Day Conference

Thursday 21st November 2013

Holiday Inn Glasgow - East Kilbride

Knowledge updates, great speakers, best practice and networking opportunities
We are delighted to welcome you to this conference on “Making a Difference – Understanding and Supporting People with Autism Spectrum Disorders”. Our goal is simple – to provide you with the latest information, best practice and practical strategies, so you can better understand and support individuals with autism reaching their full potential. As you will see, the programme is full of hot topics delivered by key experts who will inspire and challenge you along with making your learning informative.

What are the Benefits of Attending?

- Benefit from the latest updates, current thinking and guidelines in the field of autism
- Hear and share practical strategies for supporting children and adults with ASD
- Listen to and meet leading experts and practitioners
- Learn from examples of best practice
- Debate and discuss hot topics
- Network with others
- Certificates of Attendance

Who Should Attend

The conference will be of particular relevance to education professionals from mainstream schools, special schools and local authorities, social workers, support workers and others from social care settings, voluntary and charity organisations and health professionals. Others with an interest in this area are welcome to attend.

Conference details

Date: Thursday 21st November 2013
Venue: Holiday Inn Glasgow East Kilbride, Stewartfield Way, East Kilbride, G74 5LA
Time: The conference will commence promptly at 10.00am and finish at approximately 4.20pm.
Registration will be open from 9.15 - 10.00am.
Registration cost: £198 + vat including lunch and refreshments

Accommodation:
Glasgow has a wide range of accommodation to suit every budget. For further information and ideas please visit: www.seeglasgow.com

Registration
Online: You can book online at - www.medicacpd.com
By Post: Please complete the registration form on the leaflet, detach and return no later than Friday 8th November 2013.
Telephone: 0141 428 3483 / 079 6656 1474
It is advisable to book ASAP as places are limited.
Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking please contact us on the above numbers or email carolin@medicacpd.com

Save Money - If you book this conference and our training course on Holistic Approaches to Supporting Behaviour of Children and Adults together! See details of the training course on our website www.medicacpd.com

About the Conference

Conference Programme – Making a Difference

9.15 - 10.00 Registration and refreshments on arrival
10.00 - 10.05 Welcome and Introductions from the morning chair
Jim Taylor, Autism Consultant
10.05 - 10.30 Understanding Children and Adults on the Autism Spectrum as the First Step in Meeting their Needs
Rita Jordan, Emeritus Professor in Autism Studies, University of Birmingham
10.30 - 10.35 Questions
10.35 - 11.00 Can’t Eat, Won’t Eat: Dietary Difficulties and Autistic Spectrum Disorder
Mike Beresford, Head of Autism Spectrum Disorder, Options Group
11.00 - 11.10 Questions and discussion
11.10 - 11.40 Refreshment break
11.40 - 12.05 The Impact of Sensory Processing on Behaviour and Everyday Living
Geoff Evans, Head of Quality Improvement, Options Group
12.05 - 12.10 Questions
12.10 - 12.35 Not Just a Boy Thing: Autism, Girls and Women
Sex differences in ASD is a hot topic with increasing evidence emerging in this area and the focus of Corinna’s talk. Understanding these differences both biologically and experientially holds the promise of improving long-term outcomes for all children with ASD
Dr Catriona Stewart, PhD, MSc, Scottish Women with Autism Network (SWAN)
12.35 - 12.45 Questions and discussion
12.45 - 1.45 Lunch
1.45 - 1.50 Introduction from the Afternoon Chair
Jamie Armstrong, Development Director, Trust Rugby International
1.50 - 2.15 Music, Language and Autism
This talk will consider the impact of autism on auditory development, and consider why musical development is exceptional in 1/5% of children with autism, and why for all autistic children music may be a valuable tool in promoting wider development and well-being
Professor Adam Ockelford, Director, Applied Music Research Centre, University of Roehampton, London
2.15 - 2.20 Questions
2.20 - 2.45 Helping People with Autism Manage their Transitions
Key principles and strategies to underpin personalised transitions in a variety of contexts
Scott Read, Development Worker - Scottish Transitions Forum, ARC Scotland & Emma Hanley, Co-ordinator - Autism Network Scotland
2.45 - 2.55 Questions and discussion
2.55 - 3.00 Relax and Take a Few Deep Breaths!
Yoga has been shown to help people with Autistic Spectrum Disorders deal with anger, anxiety and stress. Helen McGill from Yogabilty will share with you some yoga breathing techniques in a fun and interactive way.
3.05 - 3.20 Refreshment break
3.20 - 4.00 Getting To Grips With Aspergers Syndrome In Schools
Jackie Newell, Head Teacher, Holbrook Academy, Glasgow
“Auties” – From The Inside Out
Joshua Mugghleton, Assistant Psychologist
4.10 - 4.20 Questions, discussion and closing remarks
Approx close
4.20pm

About the Conference

Eva Watson, Head of Quality Improvement, Options Group

Feedback from Previous Delegates

“Geoff offered a new perspective, made me think”
“Gave me a deeper understanding of behaviour management, lots of ideas and practical strategies, prepared with amusing stories and real life case studies”
“Geoff was an excellent informative speaker, would love to hear more”

Holistic Approaches to Supporting Behaviour of Children and Adults with Autism
A Half Day Training Course
Friday 22nd November 2013
Holiday Inn Glasgow - East Kilbride
with Geoff Evans, Head of Quality Improvement, Options Group

3 Easy Ways to Book

- Online: www.medicacpd.com
- Telephone: 0141 428 3483 / 079 6656 1474
- Post: www.medicacpd.com

Save money! you can attend the conference or training course on its own, or why not attend both events together!
We are delighted to welcome you to this conference on “Making a Difference – Supporting and Understanding People with Autism Spectrum Disorders.” Our goal is simple – to provide you with the latest information, best practices and practical strategies, so you can better understand and support individuals with autism reaching their full potential. As you will see, the programme is full of hot topics delivered by key experts who will inspire and challenge you along with making your learning informative.

About the Conference

What are the Benefits of Attending?
- Benefit from the latest updates, current thinking and guidelines in the field of autism
- Hear and share practical strategies for supporting children and adults with ASD
- Listen to and meet leading experts and practitioners
- Learn from examples of best practice
- Debate and discuss hot topics
- Network with others

Who Should Attend
The conference will be of particular relevance to education professionals from mainstream schools, special schools and local authorities, social workers, support workers and others from social care settings, voluntary and charity organisations and health professionals. Others with an interest in this area are welcome to attend.

Conference Programme – Making a Difference

Date: Thursday 21st November 2013
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10.30 - 10.35 Questions
10.35 - 11.00 Sensory Integration Difficulties and Autism
Dr Luke Beardon, Senior Lecturer in Autism, Sheffield Hallam University
11.00 - 11.10 Questions and discussion
11.10 - 11.40 Refreshment break
11.40 - 12.05 Autism and Behaviour
How to tackle behaviour that makes life difficult, stressful and confusing for all involved.
Geoff Evans, Head of Quality Improvement, Options Group
12.05 - 12.10 Questions
12.10 - 12.35 Not Just a Boy Thing: Autism, Girls and Women
Sex differences in ASD is a hot topic with increasing evidence emerging in this area and the focus of Gisella’s talk. Understanding these differences both biologically and experientially holds the promise of improving long-term outcomes for all children with ASD.
Dr Catriona Stewart, PhD MSc, Scottish Women with Autism Network (SWAN)
Questions and discussion
12.35 - 12.45
12.45 - 1.45 Lunch
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Introduction from the Afternoon Chair
Jamie Armstrong, Development Director, Trust Rugby International, Irew unified Rugby programme for people with and without a learning disability.
1.50 - 2.15

Music, Language and Autism
This talk will consider the impact of autism on auditory development, and consider why musical development is exceptional in 5% of children with autism, and why for all autistic children music may be a valuable tool in promoting wider development and well-being.
Professor Adam Oakshott, Director, Applied Music Research Centre, University of Roehampton, London
2.15 - 2.20 Questions
2.20 - 2.45

Helping People with Autism Manage their Transitions
Key principles and strategies to underpin personalised transitions in a variety of contexts
Scott Read, Development Worker - Scottish Transitions Forum, ARC Scotland & Emma Hanley, Co-ordinator - Autism Network Scotland
2.45 - 2.55
2.55 - 3.00 Refreshment break

Relax and Take a Few Deep Breaths!
Yoga has been shown to help people with Autistic Spectrum Disorders deal with anger, anxiety and tension. Helen McGuigan from Yogaability will share with you some yoga breathing techniques in a fun and interactive way.
3.05 - 3.20
3.20 - 4.10 Questions
3.40 - 3.50

Getting To Grips With Aspergers Syndrome In Schools
Jackie Newell, Head Teacher, Holbrooky Academy, Glasgow
“Aspies” – From The Inside Out
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Promoted by: MedicA CPD
10-14 CALTON STREET, GLASGOW, G2 1PF
Tel: 0141 428 3483 Fax: 0141 552 6917
Tel: 079 665 61474 Email: carolyn@medicacpd.com

Visit our website: www.medicacpd.com

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Visit our website: www.medicacpd.com
Holistic Approaches to Supporting Behaviour of Children and Adults with Autism

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I wish to attend (please tick the box)

CONFERENCE - Understanding and Supporting People with Autism Spectrum Disorders, Thursday 21st November 2013

Holiday Inn Glasgow - East Kilbride

Knowledge updates, great speakers, best practice and networking opportunities

Also Announcing Our Latest Course –

Holistic Approaches to Supporting Behaviour of Children and Adults with Autism

A Half Day Training Course
Friday 22nd November 2013, Glasgow

Making a Difference
Understanding and Supporting People with Autism Spectrum Disorders
A One Day Conference
Thursday 21st November 2013

Holiday Inn Glasgow - East Kilbride

Certified CPD

Medica Cpd Ltd, Suite 35, 1 Spinney Bridge Way, Spinney Business Park, Thornebank, Glasgow G66 6RQ
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