

Medica CDP is a leading provider of high quality continuing professional development in health and well being subjects



MEDICACPD



UNDERSTANDING EATING DISORDERS

A Half Day Training Course

Saturday 17th September, Glasgow

For Health, Social Care and Education Professionals

Eating disorders pose a tremendous threat to an individual's physical and mental wellbeing and are usually a source of great concern to friends, family and professionals alike. This course looks at the full range of eating disorder presentations and offers an introduction to eating disorders for health, social care and education professionals who are often best placed to help detect, prevent and support people affected by eating disorders.

We have an excellent learning day for you delivered by two very experienced and knowledgeable tutors: Elena Papageorgiou and Morgan Toal. The course will be taught through a lively mix of presentations, case studies, questions and discussion and quizzes, to make your learning informative and interesting.

3 Easy Ways to Book

- Online** www.medicapd.com
- Telephone** 0141 638 4098
- Post** Fill in the registration form and post it to the address on the bottom of the form



Understanding Eating Disorders – A Half Day Training Course

This Course Will Increase Understanding Of:

- The Nature and Course of Eating Disorders
- What an Eating Disorder is
- Key Facts and Figures
- Signs and Symptoms
- Causes and Risks
- Support Strategies
- Psychological Treatment Methods
- Sources of Help

About The Course

During the course you will learn about the complex causes of an individual's eating disorder alongside validated and evidence-based cognitive behavioural techniques for successful intervention.

Course tutors Elena Papageorgiou and Morgan Toal will draw upon their many years of experience within the eating disorder community, and will leave you with a strong foundation in how eating disorders work, why recovery is difficult, sources of help and ensure that you are adequately informed and able to help with this condition should an issue arise.

Certificate of Attendance: *Delegates will obtain a certificate of attendance at the end of the course.*

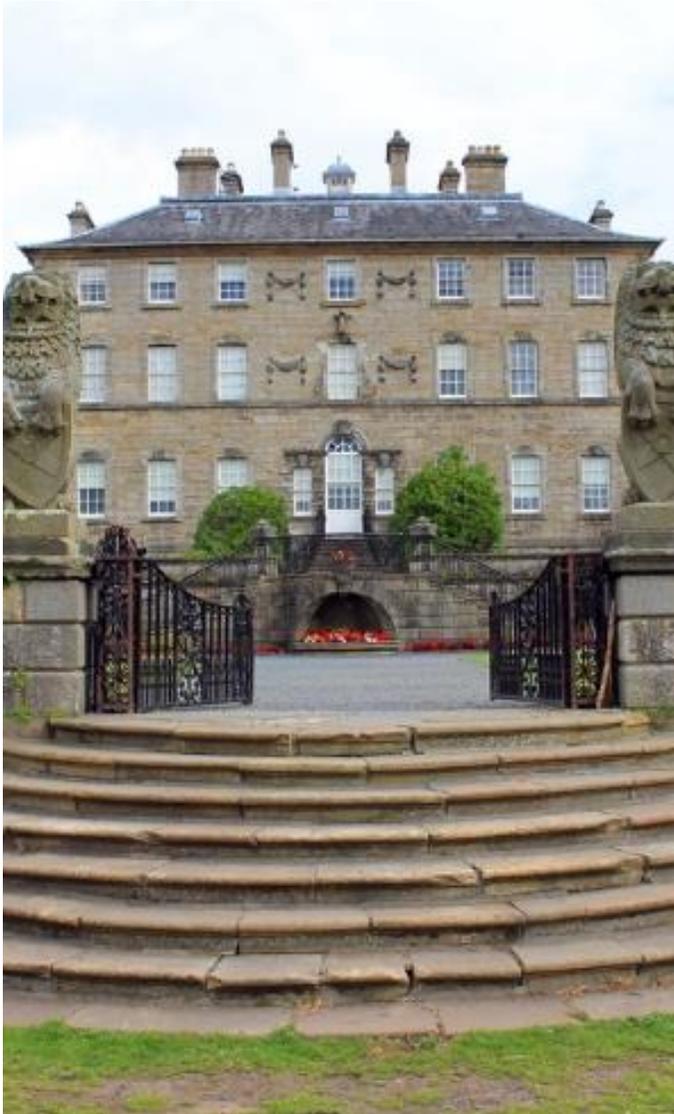
Who Should Attend?

This course is intended as an accessible introduction to eating disorders, explaining the fundamental issues surrounding the illnesses. The course should be of interest to therapists, health, education, social care professionals and support workers who have no previous training in eating disorders and wish to learn more in an engaging format.

Medica CDP is a leading provider of high quality continuing professional development in health and well being subjects



MEDICAPD



Understanding Eating Disorders – A Half Day Training Course

About The Course Tutors

Elena Papageorgiou - Elena is an established trainer, CBT and Person Centred Therapist with 10 years expertise working in the field of Eating Disorders. As the lead therapist in the Specialist Eating Disorder Unit for the Priory Hospital Glasgow, her previous experience includes child and adolescent mental health.

Elena has facilitated workshops within the education sector for suicide and self-harm with particular interest in the co-morbid presentation of eating disorders and the treatment of this.

Morgan Toal - Morgan is an occupational therapist, specialising in eating disorders since 2011. She gained extensive experience as an occupational therapist while working in a specialised eating disorder clinic in Norwich before relocating to the Priory Hospital Glasgow. She is particularly interested in creativity within occupational therapy practice, delivering teaching sessions to students in University of East Anglia, Norwich and Glasgow Caledonian University. Morgan is also a regular conference presenter and trainer throughout the UK.

Course Details

Date	Saturday 17 th September 2016
Venue	Pollok House, 2060 Pollokshaws Road Glasgow, G43 1AT <i>(Set in scenic in Pollok Country Park with parking facilities and frequent bus and railway services)</i>
Time	9.55am - 1.00pm <i>(Registration will be from 9.30am – 9.55am)</i>
Cost	£99 + VAT

How To Register

Book Online	www.medicapd.com
Telephone	0141 638 4098
By Post	Please complete the registration form and return by Friday 9 th September 2016 Places are restricted so book ASAP. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days please contact us on 0141 638 4098.

Cancellation Policy: Please refer to our terms and conditions shown on the registration form prior to booking.

