

Medica CDP is a leading provider of high quality continuing professional development in health and well being subjects



MEDICA CDP



## AUTISM & ADHD WHAT HAS DIET GOT TO DO WITH IT?

A Half Day Training Course with David Rex, Dietitian  
Thursday 8<sup>th</sup> June 2017, Glasgow

Good Nutrition is vital to the health and wellbeing of children in general, and those with Autism Spectrum Disorder or ADHD in particular. Indeed many children on the autistic spectrum have eating problems directly related to a combination of factors that can be part of being on the spectrum. A restricted diet can have medical, developmental and social consequences. At the same time, a wide range of nutritional therapies are promoted online so families need to be supported in critically appraising their likely value, safety and practicality. Through a lively mix of presentations, case studies and discussion you will learn:

- ▶ Why are children with ASD more likely to be highly selective eaters?
- ▶ What impact does selective eating have?
- ▶ How can we support families to effect dietary change among selective eaters?
- ▶ With so much information online, how can we support parents of children with ASD, ADHD and related conditions to make safe and practical decisions on nutritional interventions?

### 4 Easy Ways to Book

<b>Online</b>	<a href="http://www.medicacpd.com">www.medicacpd.com</a>
<b>Telephone</b>	0141 638 4098
<b>Post</b>	Using the registration form
<b>Email</b>	Fill in the registration form with Adobe Reader and return with the Submit button or email to <a href="mailto:carolyn@medicacpd.com">carolyn@medicacpd.com</a>

# AUTISM & ADHD

## WHAT HAS DIET GOT TO DO WITH IT?

A Half Day Training Course

### Course Tutor

David Rex has a first degree in Chemistry and Food Science, a Post Graduate Diploma in Nutrition and Dietetics, and a Masters in Food Policy. He is a Specialist Dietitian for Highland Council's Care & Learning Directorate. He also has a lead public health role for Food & Health in schools, nurseries and Children's Residential Units; and for 14 years, has been providing specialist dietetic advice for children with Autistic Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD).

### Who Should Attend?

The course should be of interest to: education professionals, social workers and support workers, healthcare professionals, caterers and others who provide support for people with Autism & ADHD.

### Course Details

<b>Date</b>	Thursday 8 <sup>th</sup> June 2017
<b>Venue</b>	CCA Glasgow (Centre for Contemporary Arts) 350 Sauchiehall Street, Glasgow, G2 3JD
<b>Time</b>	1.00-4.30pm ( <i>Registration from 12.30pm</i> )
<b>Cost</b>	£98 + VAT

### How to Register

**By Post** Please complete the registration form and return no later than Thursday 1<sup>st</sup> June 2017

**Online** [www.medicacpd.com](http://www.medicacpd.com)

**Telephone** 0141 638 4098

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.



# REGISTRATION

**AUTISM & ADHD: WHAT HAS DIET GOT TO DO WITH IT?**

Thursday 8<sup>th</sup> June 2017, Glasgow



MEDICA CPD

## Delegates Details

Please fill in BLOCK CAPITALS

First Name	<input type="text"/>	Surname	<input type="text"/>
Job Title	<input type="text"/>	Organisation	<input type="text"/>
Email (Required)	<input type="text"/>	Tel	<input type="text"/>
Address	<input type="text"/>		
	<input type="text"/>		
	Postcode	<input type="text"/>	
Special diets/mobility	<input type="text"/>		

Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post, please tick this box. If you do not receive confirmation of your booking within ten days please call 0141 638 4098 or email [carolyn@medicacpd.com](mailto:carolyn@medicacpd.com)

## I wish to attend the following event

Please tick the appropriate box

**Training Course: Autism & ADHD - What has diet got to do with it? 08/06/2017**

£98 + £19.60 VAT = £117.60

**Group Bookings** - Please call the Medica CPD office on 0141 638 4098

## How to pay

Please tick the appropriate box. It is the responsibility of the delegate to ensure payment is made prior to attendance of the event.

**By Cheque** Please write a cheque for the appropriate amount made payable to "Medica CPD Ltd" and send with this booking form to the address below for the attention of Carolyn Fraser.

**By Credit Card** Please book online at [www.medicacpd.com](http://www.medicacpd.com)  
(Please note: a small charge of 3.4% will be added to all credit/debit card charges)

**By Invoice** Please send invoice to (if different from above)

First Name	<input type="text"/>	Surname	<input type="text"/>
Job Title	<input type="text"/>	Organisation	<input type="text"/>
Email (Required)	<input type="text"/>	Tel	<input type="text"/>
Address	<input type="text"/>		
	<input type="text"/>		
	Postcode	<input type="text"/>	
Purchase Order Number (If relevant)	<input type="text"/>		

An invoice will be sent to the appropriate person by email. If you would prefer to receive an invoice by post please tick this box.

**Payment due** 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

**Terms and Conditions** 1. Your registration constitutes a legally binding agreement, payment must be received before the event. 2. Cancellations must be made in writing. A refund less an administration charge of £25 will be given to cancellations received before **7<sup>th</sup> March 2017** after this date the full fee is due, substitutions can be made if we are notified up to 3 days before the event. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs.

**Data Protection** The personal data that you supply during the registration of these events will be entered into a database and used by the Event organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the Event organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the event. The personal data in the database will be retained by the Event organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

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Keep up to date with forthcoming events at [www.medicacpd.com](http://www.medicacpd.com)