



MEDICACPD

## Beyond Behaviour:

Understanding and Responding to  
Challenging Behaviours in  
4 to 12 year olds

### A Half Day Training Course

**Wednesday 3rd October 2018**

*with Dr Pooky Knightsmith*

This very practical course is a “MUST” for all professionals who support 4 – 12 year old and explores a range of challenging behaviours commonly seen in young children, including angry outbursts, scratching, biting, self-harm, eating difficulties, school refusal, social withdrawal and soiling.

Pooky will explore with you what might really be behind the childhood behavior problems and what the child might be telling us.

You’ll also learn about the links between behaviour, wellbeing and mental health and explore the difference between a punitive and inquisitive response, and consider when and how each should be used.

#### COURSE TAKE AWAY GOODIES

Gain plenty of practical strategies that you can implement tomorrow as well as:

- A copy of Pooky’s presentations to view with your colleagues.
- Access to some fantastic resources and worksheets on mental health.
- Certificate of Attendance for your portfolio .

#### How to Book:

Online: [www.medicapd.com](http://www.medicapd.com)

Tel: 0141 638 4098



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#challenging  
behaviour2018

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### THIS COURSE WILL ENABLE YOU TO:

- Identify a range of challenging behaviours in under 12s
- Look beyond behaviour to the underlying causes
- Understand when and how to use punitive vs inquisitive responses
- Apply a range of practical ideas to help you understand, communicate with and support your most challenging pupils
- Develop an action plan for a child causing concern

### WHO SHOULD ATTEND?

This course is for professionals who support children 4 – 12 years old and will be taught through a lively mix of presentation, case studies, discussion and practical sessions to make your learning informative and enjoyable.

### COURSE TUTOR:

**Dr Pooky KnightSmith**, *Mental Health Author and Educator*  
*Vice Chair - Children and Young People's Mental Health Coalition*

Pooky is a passionate ambassador for mental health who loves to research, write, speak, teach and share all manner of ideas about mental health and well-being as well as being an exceptional presenter. Her enthusiasm is backed up by a PhD in Child & Adolescent Mental Health from the Institute of Psychiatry, Kings College London, and she was previously the Director of the Children, Young People and Schools Programme at the Charlie Waller Memorial Trust.

### COURSE DETAILS

Date: **Wednesday 3rd October 2018**

Time: **1.00pm-4.15pm** (Registration 12.30pm)

Venue: **Crutherland House Hotel**

*Strathaven Rd, East Kilbride, Glasgow G75 0QJ*

Cost: **£99 + vat**

### HOW TO REGISTER

Book online: **[www.medicacpd.com](http://www.medicacpd.com)**

Tel: **0141 638 4098**

It is advisable to book ASAP as places are restricted, please ensure you read our terms and conditions/privacy statement on the homepage of the medica cpd website before submitting your registration. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers. You can cancel this course before 3rd August 2018 after this date the full fee applies if you cancel but you can substitute for another name.

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