



Medica CDP is a leading provider of high quality continuing professional development in health and well being subjects

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TEACHING SCOTLAND



MEDICA CDP

ANNUAL CHILDREN'S MENTAL HEALTH CONFERENCE

Children's Mental Health, Well-Being and Attainment

A One Day Conference

Thursday 12th May 2016, Glasgow

Knowledge updates, current developments, best practice and networking opportunities

- ▶ Update your knowledge and understanding on key areas on children's mental health, well-being and attainment.
- ▶ Gain practical strategies, ideas, and share best practice.
- ▶ Listen to and meet key experts and front line practitioners who'll make your learning informative as well as fun.
- ▶ A fantastic opportunity to meet and network with other professionals with an interest in mental health.
- ▶ Certificates of Attendance - meet your needs for professional development.
- ▶ Meet with our exhibitors and gain educational resources.
- ▶ Go back to your workplace re-energised and inspired - so you can really make a difference!

Also Announcing

Helping Children and Teens with ADHD Succeed at School

with International ADHD Expert **Rosemary Tannock, PhD**

*A Half Day Training Course,
Friday 13th May 2016, Glasgow*

Please see inside the leaflet for full details of our training course. Discounts available if you wish to book the conference & training course together.

4 Easy Ways to Book

- Online** www.medicacpd.com
- Telephone** 0141 638 4098
- Post** Using the registration form
- Email** Fill in the registration form with Adobe Reader and return with the Submit button, or email to carolyn@medicacpd.com



MEDICA CPD

Annual Children's Mental Health Conference - A One Day Conference

Welcome to the 2016 Annual Children's Mental Health Conference.

Three children in every classroom have a diagnosable mental health disorder and increasing numbers of children and young people face emotional difficulties which affect their ability to learn and achieve.

Schools play a very important role in improving attainment as well as promoting their well-being. The challenge for many schools is how they deal with the growing number of children with mental health problems, how they best support and understand students in need and build a healthy positive environment.

This year's 2016 Children's Mental Health Conference will provide you with knowledge, understanding and practical information, so you can best support the well-being and positive mental health of the children and young people in your care and enable them to make progress as well.

As you will see we have a great day lined up for you, bringing together the best speakers – who are not only experts in their field but engaging speakers who will make your learning informative and interesting- we do hope you will join us!

Who Should Attend?

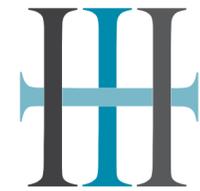
This conference is a **“must”** attend event for professionals working with and supporting children and young people in education settings. Others with an interest in this area are welcome to attend.

Conference Details

Date	Thursday 12 th May 2016
Venue	Hilton Glasgow Grosvenor Hotel, 1-9 Grosvenor Terrace, Glasgow, G12 0TA. Tel 0141 339 8811
Time	The conference will commence promptly at 9.55am and finish approximately at 4.30pm Registration will be from 9.15am
Registration Cost	£199 + VAT including lunch and refreshments.

How To Register

By Post	To register for this conference, please complete the registration form and return no later than Thursday 5 th May 2016
Book Online	www.medicacpd.com
Telephone	0141 638 4098 / 0141 387 4684 It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.
Discounts	Book the Annual Children's Mental Health Conference, 12th May 2016 & our Helping Children and Teens with ADHD Succeed at School Course together, 13th May 2016 , and receive a discount! Please see the booking form or call us on 0141 638 4098. <i>Please Note: Bookings must be under the same name and made at the same time.</i>



MEDICA CPD

Annual Children's Mental Health Conference - A One Day Conference

Conference Programme

9.15 - 9.55	Registration and refreshments on arrival	12.55 - 1.05	Questions and discussion
9.55 - 10.00	Welcome from the conference chair <i>Tony McDaid, Head of Education (Curriculum and Quality), South Lanarkshire Council</i>	1.05 - 2.00	Lunch
		2.00 - 2.05	Introductions from the conference chair <i>Tony McDaid, (as above)</i>
10.00 - 10.35	Promoting wellbeing and mental health in children and young people and enhancing their life chances <ul style="list-style-type: none"> ▶ The nature of the problem that we are seeking to address and why it is important ▶ Why children may present with social, emotional and behavioural needs and fail to thrive in education ▶ The Scottish Government's response – a focus upon Health and Wellbeing for All and Closing the Gap ▶ What works? – looking at some of the evidence, the challenges ahead and the importance of high quality leadership at all levels of the system. <i>Dr Joan Mowat, Senior Lecturer, Education, University of Strathclyde</i>	2.05 - 2.45	What's so special about teenage stress? <ul style="list-style-type: none"> ▶ How teenage brain differences affect stress ▶ How special external pressures can cause anxiety - including the online world ▶ Strategies for wellbeing and mental health <i>Nicola Morgan, Author and Teenage Brain Expert</i>
		2.45 - 2.50	Questions
10.35 - 10.40	Questions	2.50- 3.25	Building well-being in schools <ul style="list-style-type: none"> ▶ Building resilience by making connections/forming attachments ▶ Finding the good in each student (strengths perspective) ▶ Establishing clear boundaries/expectations ▶ Creating opportunities for young people to make a meaningful contribution <i>Dr. Tony Bates, Clinical Psychologist & CEO Headstrong, The National Centre for Youth Mental Health, in Ireland</i>
10.40 - 11.15	How can we recognise the early signs of self-harm, depression and other mental health problems in children & provide effective support in schools <i>Dr Pooky Knightsmith, Director: Children, Young People & Schools Programme, Charlie Waller Memorial Trust</i>		
11.15 - 11.20	Questions	3.25 - 3.30	Questions
11.20 - 11.45	Refreshment Break	3.30 - 3.45	Refresh yourself – fruit juice break
11.45 - 12.20	How and why therapy can help in closing the attainment gap <i>Jonathan Wood, Head of Service for Scotland and Wales, Place2Be</i>	3.45 - 4.15	How can we engage hard to reach parents <ul style="list-style-type: none"> ▶ Community connections leading to more meaningful parental involvement in schools <i>Jackie Tolland, National Director, Parent Network Scotland</i>
12.20 - 12.25	Questions		
12.25 - 12.55	Mindfulness makes a difference for students and you too! How you can help young people of all ages and abilities to be focused, calm, compassionate and resilient; to be less anxious and better equipped to learn and cope with life, mindfulness philosophy and practice. <i>Jan Lever, Director, Jigsaw PSHE</i>	4.15 - 4.30	Questions, discussion and closing remarks
		4.30pm	Approx close



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MEDICA CDP

HELPING CHILDREN AND TEENS WITH ADHD SUCCEED AT SCHOOL

With international ADHD expert **Rosemary Tannock PhD**

A Half-Day Training Course

Friday 13th May 2016, Glasgow

Course Tutor

Rosemary Tannock is an internationally recognised expert on ADHD and has a real passion for her subject matter which is clearly demonstrated when she teaches. Dr Tannock is now Professor Emerita at the University of Toronto and continues as a Senior Scientist at the Hospital for Sick Children in Toronto, Canada.

Who Should Attend?

This course is a “**must**” attend event for all teachers, head & depute head teachers, additional learning support staff, classroom & teaching assistants, educational auxiliary staff, administrators of schools and anyone working with children and young people affected by ADHD. Others with an interest are welcome to attend.

Save money

You can attend this course on its own or if you book both this course and the **Annual Children’s Mental Health Conference, 12th May 2016** together you can receive a discount!

Please see www.medicacpd.com for further details or call us on **0141 638 4098**.

Please Note: Bookings must be under the same name and made at the same time.

4 Easy Ways to Book

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- Telephone** 0141 638 4098
- Post** Using the registration form
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MEDICA CPD

Helping Children and Teens with ADHD Succeed at School - A Half Day Training Course

- ▶ In the UK in every class of 30, one child or more will have Attention Deficit Hyperactivity Disorder (ADHD)
- ▶ In the UK some children with ADHD still go unrecognised and untreated.
- ▶ ADHD can cause significant disruption to children's lives at home and school. They are at higher risk for academic underachievement or failure despite having average or above average intellectual abilities.
- ▶ For Educators there are many daily challenges trying to teach these students along with the rest of the class.

About The Course

This course will provide educators with a knowledge update and better understanding of ADHD and how it affects children and young people at school. By the end of the course, you will have gained plenty of practical strategies which can be put to immediate effect in the classroom, so you can help students with ADHD compensate for their problems and achieve their full potential.

Course Content

- ▶ **ADHD Update:**
Highlights changes in scientific understanding of ADHD & discusses the implications for education.
- ▶ **ADHD in School:**
Provides a summary of possible deleterious effects of ADHD on academic learning (reading, writing, arithmetic) and social-emotional functioning across the primary, secondary, and post-secondary years
- ▶ **Practical Strategies to Implement in School:**
Discusses strategies for promoting inclusion, belonging, and succeeding in school.



MEDICA CPD

Helping Children and Teens with ADHD Succeed at School - A Half Day Training Course

About The Tutor

Rosemary Tannock is an internationally recognised expert on ADHD and has a real passion for her subject matter which is clearly demonstrated when she teaches. Dr Tannock is now Professor Emerita at the University of Toronto and continues as a Senior Scientist at the Hospital for Sick Children in Toronto, Canada.

She held a Canada Research Chair in Special Education at the Ontario Institute for Studies in Education, University of Toronto and has contributed to about 180 peer-reviewed publications, over 20 chapters & is the co-editor of a new volume on the neuroscience of ADHD (Behavioural Neuroscience of Attention Deficit Hyperactivity Disorder and its Treatment), and has authored several policy documents on ADHD for the Canadian Federal and Provincial Government.

Course Details

Date	Friday 13 th May 2016
Venue	Hilton Glasgow Grosvenor Hotel, 1-9 Grosvenor Terrace, Glasgow, G12 0TA. Tel- 0141 339 8811
Time	9.30am - 12.30pm Registration will be from 9.00am to 9.30am
Cost	£99 + VAT

How To Register

By Post	To register for this course, please complete the registration form and return no later than Thursday 5 th May 2016
Book Online	www.medicacpd.com
Telephone	0141 638 4098 / 0141 387 4684

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.

REGISTRATION



MEDICA CPD

3 Easy Ways To Register

1/ Register online: www.medicacpd.com

2/ Register by telephone: Call us on 0141 638 4098/0141 387 4684

3/ Register by post: Fill in form below, print and post to address at the bottom or email it to carolyn@medicacpd.com

Your details

Please fill in BLOCK CAPITALS or with Adobe Reader (get.adobe.com/uk/reader/) and click Submit to email back

First name

Surname

Job Title

Organisation

Email (required)

Tel

Address

Postcode

Special diets/mobility

Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post, please tick this box. If you do not receive confirmation of your booking within 10 days please call 0141 638 4098 or email carolyn@medicacpd.com

I wish to attend the following event

Please tick the appropriate box

Conference – Annual Children’s Mental Health Conference, 12/05/2016, £199+ £39.80=£238.80

Training Course - Helping Children and Teens with ADHD Succeed at School, 13/05/2016, £99 + £19.80 VAT = £118.80

Discount - I wish to attend the conference (12/05/2016) & the training course (13/05/2016) together = £268.00 + £53.60 VAT = £321.60 (Must be booked in the same name)

Please call Medica CPD office on 0141 638 4098 for group bookings

How to pay

Please tick the appropriate box. It is the responsibility of the delegate to ensure payment is made prior to attendance of the event

By Cheque I enclose a cheque for the appropriate amount made payable to “Medica CPD Ltd” and send with the form to the address below for the attention of Carolyn Fraser.

By Credit Card Please book online at www.medicacpd.com
(Please note: a small charge of 3.4 % will be added to all credit/debit card charges)

By Invoice Please send invoice to (if different from above)

First name

Surname

Job Title

Organisation

Email (required)

Tel

Address

Postcode

Purchase order number (if relevant)

An invoice will be sent to the appropriate person by email. If you would prefer to receive an invoice by post please tick this box.

Payment due: 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Terms and Conditions 1. Your registration constitutes a legally binding agreement, payment must be received before the event. 2. Cancellations must be made in writing. A refund less an administration charge of £25 will be given to cancellations received before **12th March 2016**. After this date the full fee is payable, regardless if the delegate attends or not. Substitutions can be made if we are notified up to 3 days before the event. “No shows” on the day are liable for the registration fee. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs.

Data Protection The personal data that you supply during the registration of this event will be entered into a database and used by the event organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the event organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the event organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

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Keep up to date with our forthcoming events at www.medicacpd.com