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CHILDREN'S MENTAL HEALTH CONFERENCE

A One Day Conference

Wednesday 27th May 2015, Glasgow

Knowledge updates, current developments, best practice and networking opportunities

Welcome to the 2015 Annual Children's Mental Health Conference.

We aim to refresh and enhance your knowledge on a variety of key topics and current developments in the field of children's mental health, show examples of good practice and most importantly provide you with practical information which can be applied in your work setting.

As you will see from the programme, we have brought together a great range of speakers, all experts in their own fields as well as being engaging speakers who are sure to make your learning informative and interesting. We do hope you can join us!

Also Announcing

**Autism as Context Blindness:
Autism Friendly Teaching that
Pushes the Context Button**

*A Half Day Training Course,
Thursday 28th May 2015, Glasgow*

Please see inside the leaflet for full details of our training course. Discounts available if you wish to book the conference & training course together.

4 Easy Ways to Book

- Online** www.medicacpd.com
- Telephone** 0141 638 4098
- Post** Using the registration form
- Email** Fill in the registration form with Adobe Reader and return with the Submit button, or email to carolyn@medicacpd.com



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Children's Mental Health Conference - A One Day Conference

Why Attend?

- Update your knowledge on key hot topics in the area of children's mental health.
- Gain practical information, tips and share best practice.
- Listen to and meet key experts who'll make your learning informative as well as fun.
- A fantastic opportunity to meet and network with other professionals with an interest in mental health.
- Certificates of Attendance - meet your needs for professional development.
- Meet with our exhibitors and gain educational resources.
- Go back to your workplace re-energised and inspired - so you can really make a difference!

Who Should Attend?

This conference is a **"must"** attend event for professionals working with and supporting children and young people in education, health and social care settings as well as those working in voluntary and care organisations. Others with an interest in this area are welcome to attend.

Conference Details

Date	Wednesday 27 th May 2015
Venue	Hilton Glasgow Grosvenor Hotel, 1-9 Grosvenor Terrace, Glasgow, G12 0TA. Tel 0141 339 8811
Time	The conference will commence promptly at 10.00am and finish approximately at 4.15pm Registration will be from 9.15am to 9.55am
Registration Cost	£199 + VAT including lunch and refreshments.

How to Register

By Post	To register for this conference, please complete the registration form and return no later than Wednesday 20 th May 2015
Book Online	www.medicacpd.com
Telephone	0141 638 4098 / 0141 387 4684 It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.
Discounts	Book our Children's Mental Health Conference 27th May 2015 with our training course on Autism as Context Blindness 28th May 2015 and receive a discount! <i>Please Note: Bookings must be under the same name and made at the same time. Please call us on 0141 638 4098 if you wish to book more than one event.</i>



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Children's Mental Health Conference - A One Day Conference

Conference Programme

- 9.15 - 9.55** **Registration and Refreshments on Arrival**
9.55 - 10.00 **Welcome from the Conference Chair**
Jim Taylor, Director, knows autism
- 10.00 - 10.25** **How Diagnosis Helps and Hinders Children & Teenagers**
Jonathan Wood, National Manager Scotland, Place2Be
- 10.25 - 10.30** **Questions**
10.30 - 10.55 **"Am I Safe Now?"**
How traumatic experiences can impact on children and young people and what you can do to help.
Dan Johnson, Lead Clinician, Forensic Psychology Service, Kibble
- 10.55 - 11.05** **Questions and discussion**
11.05 - 11.30 **Refreshment Break and Healthy Snacks**
11.30 - 11.55 **"Getting to the Heart of Hurt"**
Responding to young people who self harm as a coping strategy
Rosemary Mullan, Choose Life Coordinator, Renfrewshire & Tutor in Counselling at Strathclyde University
Lisa Aitken, Young Persons Development Officer for Choose Life, Renfrewshire
- 11.55 - 12.00** **Questions**
12.00 - 12.25 **Bullying in Scotland**
Key messages and research findings into where bullying takes place and how social media is used by children and young people
Derrick Bruce, respectme
- 12.25 - 12.35** **Questions and discussion**
12.35 - 1.30 **Lunch**
1.30 - 1.35 **Introductions from the Conference Chair**
Jim Taylor (as above)

1.35 - 2.25

Autism and Mental Health Issues

For children with ASD the world is very confusing, unpredictable and daunting. The consequences: anxiety, stress, confusion, depression. Autism increases significantly the risk for developing mental health issues. Peter will explore these issues and describe some general, yet practical strategies for improving the well being of children with ASD.
Dr Peter Vermeulen PhD, Clinical Educationalist, Trainer at Autisme Centraal (Belgium)

2.25 - 2.45

Questions

2.45- 3.00

Refresh Yourself – Fruit Juice Break

3.00 - 3.25

I Don't do Drugs, I am Drugs

Working with adolescent substance abuse
Calum G. Hendrie, Principal CAMHS Addictions Psychologist, NHS Lanarkshire

3.25 - 3.30

Questions

3.30 - 3.55

Art Therapy and Children's Mental Health

Sheena McGregor, Creative Director / Art Therapist - 'Creative Therapies'

3.55 - 4.15

Questions, Discussion and Closing Remarks

3.00 - 4.15

Optional Breakout Session

Anxious Children and Adolescents

The focus of this session will be on how we can best help children in the context of family and the school setting. Our experts will discuss three different approaches to addressing anxiety including;

Medication - Dr Nicoletta Adamo, Consultant Child and Adolescent Psychiatrist Centre for Child Health, NHS Tayside
Counselling - Susan McGinnis, Senior Registered Counsellor and member of COSCA Children and Young People's Standing Policy Group

Mindfulness - Michael Bready, Founder and Director, Youth Mindfulness

Facilitated by Jonathan Wood (as before)



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AUTISM AS CONTEXT BLINDNESS

Autism Friendly Teaching that Pushes the Context Button

A Half-Day Training Course

Thursday 28th May 2015, Glasgow

Course Tutor: Dr Peter Vermeulen PhD, Clinical Educationalist, Autisme Centraal (Belgium)

This course is a “**must**” attend event for all teachers, administrators of schools, youth offending workers, counsellors and all those who work with children and young people.

About the Tutor

Dr Peter Vermeulen is an international renowned expert/lecturer and author of over 15 books and numerous articles as well as being an incredible speaker!

Since 1998, Dr Vermeulen has worked as an autism consultant/lecturer and trainer at Autisme Centraal, Belgium. He is also Chief Editor of **Autisme Centraal**, bi-monthly magazine of Autisme Centraal and a member of the editorial board of the Belgian-Dutch Journal of Special Education, Child Psychiatry and Clinical Psychology.

4 Easy Ways to Book

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- Email** Fill in the registration form with Adobe Reader and return with the Submit button, or email to carolyn@medicacpd.com



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Autism as Context Blindness - A Half Day Training Course

Why Attend?

This course will provide you with a better understanding of how children and young people with Autism Spectrum Disorders (ASD) perceive and understand the world.

Dr Peter Vermeulen brings a truly refreshing perspective to autism. Through a lively series of presentations, case studies and question and discussion sessions Dr Vermeulen will explain and discuss his theory of “context blindness” in (ASD) where difficulty and understanding of the context might explain why individuals with an (ASD) have difficulty with communication, social interaction, flexible thinking and behaviour.

Dr Vermeulen will also provide you with plenty of practical strategies for teaching children with ASD in education settings.

Who Should Attend?

This course is very relevant for those who are supporting children and young people with (ASD) in education settings. Others who need a better understanding of (ASD) are welcome to attend – social workers, care staff, health professionals, behavioural support personnel, managers etc.

Course Details

Date	Thursday 28 th May 2015
Venue	Glasgow Caledonian University
Time	9.00am - 12.30pm Registration will be from 8.30am to 9.00am
Registration Cost	£99 + VAT

How to Register

By Post To register for this course, please complete the registration form and return **no later than** Wednesday 20th May 2015

Book Online www.medicacpd.com

Telephone 0141 638 4098 / 0141 387 4684

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact us on the above numbers.

Discounts Book this training course **Autism as Context Blindness 28th May 2015** along with our **Children’s Mental Health Conference 27th May 2015**, and receive a discount!

Please Note: Bookings must be under the same name and made at the same time. Please call us on 0141 638 4098 if you wish to book more than one event.

BOOKING FORM



MEDICA CPD

**Children's Mental Health Conference, 27th May 2015 &
Autism as Context Blindness Course, 28th May 2015**

Your details

Please fill in BLOCK CAPITALS or with Adobe Reader (get.adobe.com/uk/reader/) and click Submit to email back

First name Surname
Job Title Organisation
Email (required) Tel
Address

Postcode

Special requirements e.g./mobility

Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post, please tick this box. If you do not receive confirmation of your booking within 10 days please call 0141 638 4098 or email carolyn@medicacpd.com

I wish to attend the following event(s)

Please tick the box

**Conference - Children's Mental Health, 27th
May, Glasgow - £199 + £39.80 VAT = £238.80**

**Training Course - Autism as Context Blindness,
28th May, Glasgow - £99 + £19.80 VAT = £118.80**

**Discounts - I wish to attend both Children's Mental Health Conference and Autism as Context
Blindness Course, 27th & 28th May 2015 - £265 + £53 VAT = £318**

Group Bookings - Please call the Medica CPD office on 0141 638 4098

How to pay

Please tick the appropriate box. It is the responsibility of the delegate to ensure payment is made prior to attendance of the event

By Cheque Please write a cheque for the appropriate amount made payable to "Medica CPD Ltd" and send with this booking form to the address below for the attention of Carolyn Fraser.

By Credit Card Please book online at www.medicacpd.com
(Please note: a small charge of 3.4% will be added to all credit/debit card charges)

By Invoice Please send invoice to (if different from above)

First name Surname
Job Title Organisation
Email (required) Tel
Address

Postcode

Purchase order number (if relevant)

An invoice will be sent to the appropriate person by email. If you would prefer to receive confirmation by post please tick this box.

Payment due 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Terms and Conditions 1. Your registration constitutes a legally binding agreement, payment must be received before the event. 2. Cancellations must be made in writing. A refund less an administration charge of £25 will be given to cancellations received before 1st March 2015 after this date the full fee is due, substitutions can be made if we are notified up to 3 days before the event. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the conference, we will issue a refund for the registration fee. We are not responsible for any other costs.

Data Protection The personal data that you supply during the registration of this event will be entered into a database and used by the conference organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the conference organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the conference organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

[Medica CPD Ltd, Suite 23, 1 Spiersbridge Way, Spiersbridge Business Park,](http://www.medicacpd.com)

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Keep up to date with our forthcoming events at www.medicacpd.com