Hot Topics in Diabetes, Obesity and **Cardiovascular Disease**

A One Day Conference

Wednesday 4th December 2013, Glasgow





Feedback from Previous Conference Delegates 2012

- "Excellent concise update"
- "Relevant to my everyday practice"
- "Interactive case studies and lively discussion"
- "Well presented by expert speakers"

3 Easy Ways to Book

- Online: www.medicacpd.com
- Telephone: 0141 428 3483

This Meeting Has Been Sponsored By:







in association with







Hot Topics in

Diabetes, Obesity and Cardiovascular Disease

This conference brings together leading experts who will keep you up to date with the latest evidence, knowledge and best practice – an essential learning opportunity for the busy health professional.

The day will take the format of presentations, lively Q & A sessions, discussion and case studies to make your learning informative and enjoyable too.



5 Great Reasons to Attend:

- An opportunity to update your knowledge, hear the latest evidence and guidelines.
- Gain practical information and take home messages which you can implement in the practice setting.
- An opportunity to share and exchange ideas and to network.
- Engaging speakers who are experts in their field
- Meet your professional educational requirements – Certificate of Attendance.

Who Should Attend?

This conference provides an unrivalled learning and networking opportunities particularly for healthcare professionals working in primary care, community, public and prison health! Others with an interest are very welcome to attend.

- General practitioners and other doctors
- Practice nurses, nurse practitioners and other nurses
- Dietitians and nutritionists
- All other allied health professionals
- Public health and health promotion specialists
- NHS managers and policy makers
- Academics and researchers

About The Venue:

The Burrell Collection

In the heart of Pollok Country Park, this award-winning building houses a unique art collection in a beautiful woodland setting. The Burrell Collection is **3 miles from the city centre** and is easily accessible by car and pubic transport.

There is car parking outside the museum.

Course Details:



Date: Wednesday 4th December 2013



Venue: The Burrell Collection, Pollok Country Park, 2060 Pollokshaws Rd Glasgow, G43 1AT, Tel: **0141 287 2550**



Time: The conference will start promptly at 10.00am and close at 4.30pm approx.

Registration will be from 9.15am – to 9.55am



Cost: £15.00 + vat

including a light lunch and refreshments

Early registration is advised as places are restricted.



Registration:

Online: www.medicacpd.com Tel: 0141 428 3483

By Post: Fill in the registration form on the leaflet, detach and return no later than *Friday 29th November* **2013.** Further information will be sent to each delegate on receipt of the completed registration form.



Programme:

TIME	DESCRIPTION		
9.15 – 9.55	Registration and Refreshments		
9.55 - 10.00	Welcome and Introduction from the Morning Chair Jane-Claire Judson, National Director, Diabetes UK Scotland		
10.00- 10.35	Diabetes Research Update		
	A round up of research & medical literature which may have an impact on your practice		
	Professor Miles Fisher , Consultant Physician, Glasgow Royal Infirmary, and Honorary Professor, University of Glasgow		
10.35- 10.40	Questions and discussion		
10.40 – 11.15	Structured Patient Education – Best Practice		
	Speaker tbc		
11.15 – 11.20	Questions and discussion		
11.20 – 11.45	Refreshment Break		
11.45 – 12.45	Diabetes Case Studies – Hot and Topical Real Life Case Scenarios		
	Dr Andrew Kernohan, Consultant Physician, Southern General Hospital, Glasgow		
	Glasgow & Clyde Weight Management Services		
12.45 – 1.35	Light lunch and a Chance to Stroll around the Burrell Collection		
1.35 – 1.40	Welcome and Introduction from the Afternoon Chair Professor Keith Brown, Chair of (SIGN)		
1.40 – 2.15	Managing Cardiovascular Disease - A New Approach For Primary Care		
	• The evolving QOF indicators - do we need new skills and more time?		
	 Using new drugs in practice - what are the benefits? Dr Alan G Begg, General Practitioner Montrose and Honorary Senior Lecturer University of Dundee 		
2.15 – 2.20	Questions and discussion		
2.20 - 2.55	Weight Management in the Diabetic Patient: A Time for Change?		
	Professor lain Broom , Director, Centre for Obesity Research and Epidemiology, Institute of Health and Welfare Research, Robert Gordon University, Aberdeen		
2.55- 3.00	Questions and discussion		
3.00 - 3.15	Refreshment Break		
3.15 - 3.50	Update on Bariatric and Metabolic Surgery		
	Mr David J Galloway , Consultant Colorectal & Bariatric Surgeon Gartnavel General Hospital, Glasgow		
3.50 – 3.55	Questions and discussion		
3.55– 4.20	The Feasibility of Implementing the NHS Physical Activity Pathway in Primary Care		
	Flora Jackson, Development Manager (NHS Physical Activity), NHS Health Scotland		
4.20 - 4.30	Questions, discussion and closing remarks		
4.30	Approx close		

Registration Form

3 Easy Ways to Book

1. Online by visiting: www.medicacpd.com

2. Tel: 0141 428 3483

3. Post: Complete and return this registration form by post.



Personal Details					
First Name		Surname			
Job Title					
Organisation					
Email (requir	ed)				
Address					
Postcode	Tel		Fax		
Special diets	mobility				
Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post please tick this box. If you do not receive confirmation of your booking within 10 days please call: 0141 0141 428 3483 or email: carolyn@medicacpd.com					
For Group Bookings: Please call the Medica Cpd Office on the above number					
Registration Fee: £15.00 + £3.00 vat = £18.00					
How to Pay: It is the responsibility of the delegate to ensure payment is made prior to attendance of the event, (<i>Please tick the appropriate box</i>)					
■ By Cheque: I enclose a cheque for the appropriate amount made payable to " Medica Cpd Ltd " and send with form to the address below.					
By Credit Card: Please book online at www.medicacpd.com (Please note: A small service charge of 3.5% will be added to all credit/debit card payments)					
By Invoice: Please send invoice to if different from above –					
Invoice Details					
First Name		Surname			
Job Title					
Organisation					
Email (required)					
Address					
Postcode	Tel		Fax		
Purchase Ord (if required)	er Nos				
An invoice will be sent to the appropriate person by email. If you would prefer to receive confirmation by post please tick this box					

Payment Terms: 30 days from the date of the invoice or before the event date (whichever comes sooner).

Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Terms and Conditions

1. Your registration constitutes a legally binding agreement. Payment must be received before the event. 2. Cancellation policy: Cancellations will only be accepted in writing. A refund, less an administration charge of £15.00 will be given to all cancellations received before the 15TH October 2013. After this date the full fee is payable, regardless if the delegate attends or not. Substitutions can be made if we are notified up to 3 days before the event. "No shows" on the day will be liable for the registration fee. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the event we will issue issue a refund for the registration fee. We are not responsible for any other costs.

Data Protectio

The personal data that you supply during the registration of these events will be entered into a database and used by the conference organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the event. The personal data in the database will be retained by the Conference Organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.