

Children's Mental Health Conference 2013

knowledge updates, current developments,
best practice and networking opportunities

Tuesday 14 May 2013, Glasgow

**Plus - Autism, Relationships, Friendship &
Getting On In The Social World**

A Half Day Training Course

Wednesday 22 May 2013, Glasgow

with Dr Luke Beardon

3 Easy Ways to Book

- Online: www.medicapd.com

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- Post 

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Welcome to the 2013 annual children's mental health conference, we aim to refresh and enhance your knowledge on a variety of hot topics and current developments in the field of children's mental health - show examples of good practice and most importantly provide you with practical information. As you will see from the programme, we have brought together a great range of speakers who will make your learning informative and interesting as well as challenge and inspire you. *We do hope you can join us!*

Some great reasons to attend

♥ Benefit from the latest updates, current thinking and guidelines ♥ Hear and share practical strategies for supporting children and young people ♥ Hear from and meet leading experts ♥ Learn from examples of best practice ♥ Debate and discuss hot topics ♥ Meet others with an interest in children's mental health ♥ Certificates of Attendance.

Who Should Attend

The conference will be of particular relevance to those working with children and young people in education, health and social care settings, voluntary and charity organisations. Others with an interest in this area are welcome to attend.

Conference details

Date: Tuesday 14th May 2013

Venue: Hilton Glasgow Hotel,
1 William Street, Glasgow G3 8HT

Time: The conference will start promptly at 10.00am and finish at approximately 4.15pm. Registration will be open from 9.15 - 10.00am.

Registration cost:

£198 + vat including lunch and refreshments

Accommodation:

Glasgow has a wide range of accommodation to suit every budget. For further information and ideas please visit: www.seeglasgow.com

Registration

By Post: To register for this conference, please complete the registration form on the leaflet, detach and return no later than **Tuesday 7th May 2013**.

Online: www.medicapd.com

Telephone: 0141 270 8097 / 079 6656 1474

It is advisable book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking please contact us on the above numbers or email carolyn@medicapd.com

Conference Programme

- 9.15 - 10.00 **Registration and refreshments on arrival**
- 10.00 - 10.05 **Introduction from the morning chair**
Maureen Smillie, Independent Healthcare Consultant, Glasgow
- 10.05 - 10.30 **Identifying and supporting children and young people with mental health problems**
Roger Catchpole, Training & Development Manager, Young Minds
- 10.30 - 10.35 **Questions**
- 10.35 - 11.00 **Working with vulnerable children with parents with mental health problems**
- The development of the CUMI programme (Children Understanding Mental Illness)
Bernadette Berry, Clinical Psychologist, Dunedin, New Zealand
- 11.00 - 11.10 **Questions and discussion**
- 11.10 - 11.40 **Refreshment break**
- 11.40 - 12.05 **Bullying... time for a re-think**
- A new definition and new thinking in Scotland- how this guides more effective interventions
- International impact of Scotland's anti-bullying service.
- Challenging our thinking on cyberbullying – including research findings
Brian Donnelly, Director, Respectme
- 12.05 - 12.10 **Questions**
- 12.10 - 12.35 **Tourettes syndrome and tic disorders**
- Implications for families and education
Martin Donnelly, Nurse Specialist, Liaison Psychiatry, Royal Hospital for Sick Children, Glasgow
- 12.35 - 12.45 **Questions and discussion**
- 12.45 - 1.45 **Lunch**
- 1.45 - 1.50 **Introduction from the afternoon chair**
Jim Taylor, Director of Education and Support Services, Scottish Autism
- 1.50 - 2.15 **The mental health needs of children and young people on the autism spectrum**
- An overview of this area and practical proposals
Professor Tommy MacKay, Psychology Consultancy Services/University of Strathclyde
- 2.15 - 2.20 **Questions**
- 2.20 - 2.45 **Eating disorders – Dying to be thin**
Dr Alex Yellowlees, Medical Director, Priory Hospital, Glasgow and Consultant Psychiatrist
- 2.45 - 2.55 **Questions and discussion**
- 2.55 - 3.10 **Refreshment break**
- 3.10 - 3.35 **Moods and depression in young people**
- Helping young people live life to the full
Professor Chris Williams, Professor of Psychosocial Psychiatry, University of Glasgow
- 3.35 - 3.40 **Questions and discussion**
- 3.40 - 4.05 **"Don't tell me what to do!": Non-directive play therapy and improving children's behaviour and emotional wellbeing**
- Results of a 2 year research study with primary school aged children who have emotional and behavioural difficulties and implications for practice in mainstream.
Susan McGinnis, Coordinator, Counselling in Schools Project, University of Strathclyde
- 4.05 - 4.15 **Questions, discussion and closing remarks**
- 4.15pm **Approx close**

Registration Form

Your Details (Please fill in BLOCK CAPITALS)

First name	Surname	
Job title		
Organisation		
Email (required)		
Address		
	Postcode	Telephone
Special diets/mobility		
Purchase order number (if relevant)		

I wish to attend (please tick the appropriate box)

- Children's Mental Health Conference 2013**
Tuesday 14th May 2013, £198.00 + £39.60 vat = **£237.60**

How to Pay: It is the responsibility of the delegate to ensure payment is made prior to attendance of the event (please tick the appropriate box)

- By Cheque:** I enclose a cheque for the appropriate amount made payable to "Medica Cpd Ltd" and send with the form to the address below for the attention of Carolyn Fraser.
- By Credit Card:** Please book online at www.medicacpd.com
Please note: A small service charge of 3.5% will be added to all credit/debit card payments
- By Invoice:** Please send invoice to if different from above –

Name: (in BLOCK CAPITALS) _____

Job Title _____

Organisation _____

Address _____

_____ Postcode _____

Email (required) _____ Telephone _____

Purchase order number (if relevant) _____

An invoice will be sent to the appropriate person by email. If you would prefer to receive confirmation by post please tick this box

Payment: 30 days from the date of the invoice or before the event date (whichever comes sooner).

Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Terms and Conditions 1. Your registration constitutes a legally binding agreement. Payment must be received before the event. 2. Cancellation policy: Cancellations will only be accepted in writing. A refund, less an administration charge of £25.00 will be given to all cancellations received before the 28 February 2013. After this date the full fee is payable, regardless if the delegate attends or not. Substitutions can be made if we are notified up to 3 days before the event. "No shows" on the day are liable for the registration fee. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs.

Data Protection The personal data that you supply during the registration of these events will be entered into a database and used by the conference organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the Conference Organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.



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